



Berrien RESA's

# PLAYGROUPS

*¡Mira adentro!*

[www.berrienresa.org](http://www.berrienresa.org)

**-SEPTEMBER 2019-**

You and your young child are invited to join in the fun!



## Parent Connection: The Importance of Play

Young children learn best through movement and play. Play expands cognitive, language, social emotional and motor skills. Some of the benefits of play are:

- It sparks creativity and curiosity
- It is essential for healthy brain development
- It facilitates productive and appropriate social interactions with others
- Children gain a better understanding of the world around them
- Problem solving skills are enhanced
- Children learn to deal with frustration
- It enhances a child's ability to concentrate
- Provides opportunities to make choices and control over their actions
- Allows children to master new skills through repetition
- Fosters self-esteem

Although these are only a few of the reasons that play is so important, it is clear to see that young children are learning how to learn through play. In order to be successful in school, your child needs more than academic skills. Visit us at playgroups, where we will talk about the stages of play, what play should look like, and how you can enhance your child's learning through play.

## Featured Recipe: Kool-Aid Fun Dough

Combine and mix well:

- 2 ½ cups flour
- 1 cup salt
- 2 packages Kool-Aid

Add to the above ingredients and stir together:

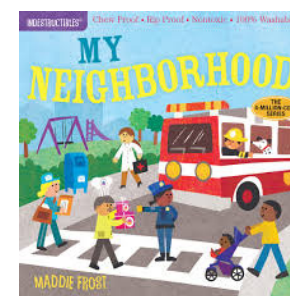
- 3 Tablespoons vegetable oil
- 2 cups boiling water

Knead when cool. Store the playdough in a zip-lock bag in refrigerator.

## This month's featured book:

### "My Neighborhood" by Maddie Frost

Each family attending a playgroup will receive a free book to enjoy!



Playgroups are a chance for parents with young children (infants - age 5) to get together with other parents and young children and have some fun! Each month Berrien RESA's highly qualified staff choose a children's book as the theme for Playgroup activities. At the beginning of the group, the story is read during circle time. Then parents can play together with their children through a variety of activities. At the end of the group, every family gets a copy of the book to take home and enjoy over and over again. Each month, information is also provided on a popular parenting or child development topic.

For more information about Playgroups or other early education services, please visit [www.berrienresa.org](http://www.berrienresa.org)!



In accordance with Section 504 of the Rehabilitation Act of 1973, it is the policy of the Berrien Regional Education Service Agency to prohibit discrimination on the basis of handicap against qualified handicapped persons, in admission or access to, participation in, or treatment of employment in, its programs and activities. Inquiries regarding this policy should be directed to Human Resources, Berrien RESA, 711 St. Joseph Avenue, Berrien Springs, MI 49103; telephone (269) 471- 7725; fax (269) 471-2941.



Check it out!

¡Mira adentro!

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PLAYGROUPS

This Month's Playgroup Calendar: SEPTEMBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
9	10 Eau Claire 10-11 a.m.  St. Joe (Lincoln) 6-7 p.m.	11 Berrien Springs 9:30-10:30 a.m.	12 Watervliet 9:30-10:30 a.m.	13 Three Oaks 9-10 a.m.
16	17 Benton Harbor 10:30-11:30 a.m.  Niles (Ballard) 6-7 p.m.	18 Buchanan 9:30-10:30 a.m.	19 Bridgman 9-10 a.m.	20 Niles (Northside) 10-11 a.m.
23	24 Berrien Springs 6-7 p.m.	25 Stevensville 10-11 a.m.	26 St. Joe (Brown) 9:30 a.m.-10:30 a.m.	27
30				

**BENTON HARBOR**  
Sammie Smith Investment Center  
301 S. Martin Luther King Dr.

**BERRIEN SPRINGS**  
Mars Elementary  
One Sylvester Avenue

**BRIDGMAN**  
Bridgman Elementary  
3891 Lake Street

**BUCHANAN**  
Ottawa Elementary  
109 Ottawa St.

**\*EAU CLAIRE**  
Eau Claire District Library  
6528 E. Main St.  
(This location will be lead in both Spanish and English.)

**NILES**  
Ballard Elementary  
(P.M. playgroups)  
1601 Chicago Road

Northside Child Development Center  
2020 N. Fifth Street

**ST. JOSEPH**  
Brown Elementary  
2027 Brown School Road

Lincoln Elementary  
(P.M. Playgroups)  
1102 Orchard Avenue

**STEVENSVILLE**  
Christ Lutheran School  
4333 Cleveland Ave.

**THREE OAKS**  
Three Oaks Elementary  
100 Oak Street

**WATERVLIET**  
South Elementary  
433 Lucinda Lane

Ustedes son bienvenidos en todos los grupos de juegos, pero el grupo de juego de Eau Claire será bilingüe.  
Ven y acompañanos!