

Berrien RESA's

PLAYGROUPS

¡Mira adentro!

www.berrienresa.org

-JANUARY 2020-

You and your young child are invited to join in the fun!



Parent Connection: Developing Your Child's Language

Like so many other things, speech development is a mixture of nature and nurture. However, a lot of it depends on environment. Is a child adequately stimulated at home or at child care? Are there opportunities for communication exchange and participation? What kind of feedback does the child get?

Here are a few general tips:

- Spend a lot of time communicating with your child, even during infancy- talk, sing, and encourage imitation of sounds and gestures.
- Read to your child, starting as early as 6 months. Start with age-appropriate soft board books or picture books that encourage kids to look while you name the pictures. Then move onto nursery rhymes, which have rhythmic appeal. Progress to predictable books such as Eric Carle's *Brown Bear, Brown Bear*, in which your child can anticipate what happens.
- Talk your way through the day. For example, name foods at the grocery store, explain what you're doing as you cook a meal or clean a room, point out objects around the house, point out sounds you hear.

Visit us at a playgroup this month to learn more about ways you can help your child's speech and language development.

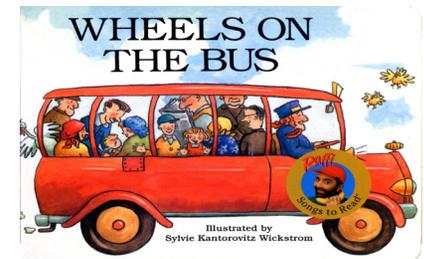
Featured Recipe: Swirling Discovery Bottle

1. Fill your bottle $\frac{3}{4}$ full of shaving cream.
2. Add food coloring (dark colors work best)
3. Fill the rest of the bottle with hot water from the tap.
4. Put the cap on and shake well.
5. Let the bottle settle for a few minutes. It will form a dark bottom layer and a light fluffy layer on top.
6. Open the bottle and hold it under the tap. Turn the warm water on slowly and allow the top layer to run off into the sink. Stop when the top layer is gone.
7. Replace the cap and shake again. Repeat steps 5 and 6 until the bottle stops forming two layers.

This month's featured book:

"WHEELS ON THE BUS" by Raffi/Wickstrom

Each family attending a playgroup will receive a free book to enjoy!



Playgroups are a chance for parents with young children (infants - age 5) to get together with other parents and young children and have some fun! Each month Berrien RESA's highly qualified staff choose a children's book as the theme for Playgroup activities. At the beginning of the group, the story is read during circle time. Then parents can play together with their children through a variety of activities. At the end of the group, every family gets a copy of the book to take home and enjoy over and over again. Each month, information is also provided on a popular parenting or child development topic.

For more information about Playgroups or other early education services, please visit www.berrienresa.org!



In accordance with Section 504 of the Rehabilitation Act of 1973, it is the policy of the Berrien Regional Education Service Agency to prohibit discrimination on the basis of handicap against qualified handicapped persons, in admission or access to, participation in, or treatment of employment in, its programs and activities. Inquiries regarding this policy should be directed to Human Resources, Berrien RESA, 711 St. Joseph Avenue, Berrien Springs, MI 49103; telephone (269) 471- 7725; fax (269) 471-2941.



Check it out!

¡Mira adentro!

Berrien RESA's

PLAYGROUPS

This Month's Playgroup Calendar: JANUARY 2020

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7	8 Berrien Springs 9:30-10:30 a.m.	9 Watervliet 9:30-10:30 a.m.	10 Three Oaks 9-10 a.m.
13	14 Eau Claire 10-11 a.m. St. Joe (Lincoln) 6-7 p.m.	15 Buchanan 9:30-10:30 a.m.	16 Bridgman 9-10 a.m.	17 Niles (Northside) 10-11 a.m.
20	21 Benton Harbor 10:30-11:30 a.m. Niles (Ballard) 6-7 p.m.	22 Stevensville 10-11 a.m.	23 St. Joe (Brown) 9:30 a.m.-10:30 a.m.	24
27	28 Berrien Springs 6-7 p.m.	29	30	31

BENTON HARBOR

Sammie Smith Investment Center
301 S. Martin Luther King Dr.

BERRIEN SPRINGS

Mars Elementary
One Sylvester Avenue

BRIDGMAN

Bridgman Elementary
3891 Lake Street

BUCHANAN

Ottawa Elementary
109 Ottawa St.

***EAU CLAIRE**

Eau Claire District Library
6528 E. Main St.

(This location will be lead in both Spanish and English.)

NILES

Ballard Elementary
(P.M. playgroups)
1601 Chicago Road

Northside Child Development Center
2020 N. Fifth Street

ST. JOSEPH

Brown Elementary
2027 Brown School Road

Lincoln Elementary

(P.M. Playgroups)
1102 Orchard Avenue

STEVENSVILLE

Christ Lutheran School
4333 Cleveland Ave.

THREE OAKS

Three Oaks Elementary
100 Oak Street

WATERVLIET

South Elementary
433 Lucinda Lane

Ustedes son bienvenidos en todos los grupos de juegos, pero el grupo de juego de Eau Claire será bilingüe.
Ven y acompañanos!