



Berrien RESA's

PLAYGROUPS

¡Mira adentro!

www.berrienresa.org

-APRIL 2020-

You and your young child are invited to join in the fun!



Parent Connection: Technology and Tots

The American Academy of Pediatrics recommends:

- Children younger than 18 months should avoid use of screen media other than video-chatting.
- Parents of children 18-24 months of age who want to introduce digital media should choose high-quality programming, and watch it with their children to help them understand what they're seeing.
- For children ages 2-5 years, limit screen use to 1 hour per day of high-quality programs. Parents should watch media with children to help them understand what they are seeing and apply it to the world around them.

Wow! This seems like a tall order for parents. Join us at playgroups this month where we will share about the ways we use media in our homes, the effects of overuse of technology, and what parents can do to find a healthy balance. One of our ten highly qualified parent educators will be available to speak with you if you have any concerns about your child's development.

Featured Recipe: Slime

Ingredients:

- 2 cups of school glue
- 2 cups of very warm water
- Food coloring of your choice
- 1 teaspoon of Borax
- 1 & 1/3 cups of very warm water

Directions:

In a bowl mix 2 cups of clear school glue with two cups of very warm water and stir well. Add food coloring.

In a separate bowl mix one teaspoon of borax with 1 1/3 cups of very warm water and stir well.

Once the borax is dissolved, combine the two bowls together and begin to mix with your hands. The slime will immediately begin to form.

At first the slime will appear very sticky, but as you mix and handle it, it will become very smooth on the outer surface. If it is still a bit sticky add a very small amount of borax to a teaspoon of hot water and add it to the slime.

This month's featured book:

Potluck of Books

We will re-visit some of our favorite books from the past year.

Each family attending a playgroup will receive a free book to enjoy!



Playgroups are a chance for parents with young children (infants - age 5) to get together with other parents and young children and have some fun! Each month Berrien RESA's highly qualified staff choose a children's book as the theme for Playgroup activities. At the beginning of the group, the story is read during circle time. Then parents can play together with their children through a variety of activities. At the end of the group, every family gets a copy of the book to take home and enjoy over and over again. Each month, information is also provided on a popular parenting or child development topic.

For more information about Playgroups or other early education services, please visit www.berrienresa.org!



In accordance with Section 504 of the Rehabilitation Act of 1973, it is the policy of the Berrien Regional Education Service Agency to prohibit discrimination on the basis of handicap against qualified handicapped persons, in admission or access to, participation in, or treatment of employment in, its programs and activities. Inquiries regarding this policy should be directed to Human Resources, Berrien RESA, 711 St. Joseph Avenue, Berrien Springs, MI 49103; telephone (269) 471-7725; fax (269) 471-2941.



Check it out!

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PLAYGROUPS

This Month's Playgroup Calendar: APRIL 2020

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7	8	9	10
13	14 Eau Claire 10-11 a.m. St. Joe (Lincoln) 6-7 p.m.	15 Berrien Springs 9:30-10:30 a.m.	16 Watervliet 9:30-10:30 a.m.	17 Three Oaks 9-10 a.m.
20	21 Benton Harbor 10:30-11:30 a.m. Niles (Ballard) 6-7 p.m.	21 Buchanan 9:30-10:30 a.m.	23 Bridgman 9-10 a.m.	24 Niles (Northside) 10-11 a.m.
27	28 Berrien Springs 6-7 p.m.	29 Stevensville 10-11 a.m.	30 St. Joe (Brown) 9:30 a.m.-10:30 a.m.	

BENTON HARBOR
Sammie Smith Family Investment Center
301 S. Martin Luther King Dr.

BERRIEN SPRINGS
Mars Elementary
430 West Mars St.

BRIDGMAN
Bridgman Elementary
3891 Lake Street

BUCHANAN
Ottawa Elementary
109 Ottawa St.

***EAU CLAIRE**
Eau Claire District Library
6528 E. Main St.
(This location will be lead in both Spanish and English.)

NILES
Ballard Elementary
(P.M. playgroups)
1601 Chicago Road

Northside Child Development Center
2020 N. Fifth Street

ST. JOSEPH
Brown Elementary
2027 Brown School Road

Lincoln Elementary
(P.M. Playgroups)
1102 Orchard Avenue

STEVENSVILLE
Christ Lutheran School
4333 Cleveland Ave.

THREE OAKS
Three Oaks Elementary
100 Oak Street

WATERVLIIET
South Elementary
433 Lucinda Lane

Ustedes son bienvenidos en todos los grupos de juegos, pero el grupo de juego de Eau Claire será bilingüe.
Ven y acompañanos!